



# T. N. Rao School For Girls

School code: 10237

CBSE Affiliation No: 430257

## ‘ABHIVYAKTI’

October, 2022 Newsletter - 05



• Behind Saurashtra University,  
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*Resp. Parents,*

*It is only through knowledge, you will touch lives! We are living in an ever-changing digital world. Some resist the change, and some adapt. In actuality, we can't stop the change that is in motion. Embracing positive change and investing in yourself is the best thing you can do. Indeed you are the most valuable asset, hence set your goals correct and enrich those goals with empathy and compassion. Because no matter what heights you reach, a self-centered man is no addition to society. Remember, we all have roles to play and duties to fulfill. Amid all the hustle it's important to cherish the valuable life and fellow human! The school is a launch pad for your aspiration, so prepare well for your launch!*

*Mrs.Chetna Popat  
Section Coordinator(Std.8 to 10)*

# Content

- **Mega Events**: - Kalautsav and Report card distribution
- **Competitions and Activities** :- Rangoli competition
  - Bal Pratibha competitions – City level.
- **Celebrations**:- Gandhi Jayanti  
Indian Air force Day  
Eid-e-Milad  
National Post office Day  
National Tourism Day  
International Girl child Day  
Sardar Patel Jayanti
- **Edu-joy Trip**:- Visit to Jio mart Mall-LKG  
Visit to Dairy farm –Std 8-9-10
- **Teachers' Training**:- Teachers acquired 'Happy Classroom' training conducted by CBSE, C.o.E Ajmer at Sri Sri Academy, Rajkot
- **Subject Enrichment Activities**
- **Parent's Letter of Appreciation**
- **Poem by our Facilitator**



# *Gandhi Jayanti Celebration*

Students and teachers of TNRSG conducted a special assembly to commemorate life and teachings of Mahatma Gandhi. All students participated in various activities to mark the occasion. Special speeches comprising quotes and messages of Mahatma Gandhi was given by students. Gandhian ideals were depicted through the activities which the students presented in an eloquent manner.



## *Edu-joy Trip*

On 01/10/2022, our LKG students went on a field trip to Jio Mart mall as a part of extended learning on 'Food we eat'. On their visit to the super-market, children were made to identify the types of foods found there. This gave the students an opportunity to see, smell and learn about commodities that are available in a shopping mart and how it is purchased by people for their daily use.





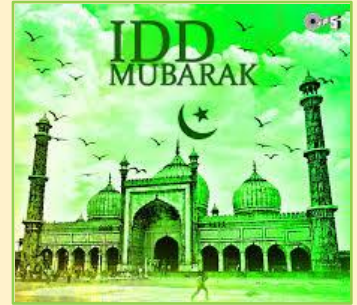
# Indian Air force Day Celebration

A special assembly was conducted by the students of TNRSG. The importance and history of the Air Force was presented which motivated students to serve the country as a future fighter.



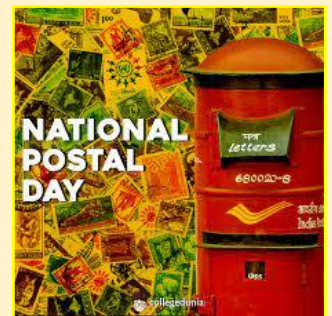
# Eid-e-Milad Celebration

Eid-e-Milad was celebrated by TNRSG in a special assembly. The purpose was to enlighten the students about the spirit of festival, spreading the message of love and brotherhood in the young minds.



# National Postal Day

The students of Grade 8 conducted a special assembly on National postal day on 10<sup>th</sup> October, 2022 by sharing information on post cards and Inland letter stamps etc. Students were also given information about various services provided by the postal department.



# International Girl Child Day

To raise awareness about the rights of the girl child, TNRSG celebrated the International Girl Child day by conducting a special assembly, sharing some tips to raise a girl to be strong, independent and capable. They performed a skit to share the importance of girl child.





# Edu-joy Trip

A field trip to Gayatri Dairy was organized for the children of class 8 to 10 on 8th Oct 22. They saw the Gayatri Dairy with their different products like milk, shrikhand, khoya and paneer. Students had all the important information on the processing of milk and its products. After this, the students visited the sweet making department, where students were showed how sweets are made in bulk and then packed they also show the Refrigeration Unit, where student got the knowledge about refrigeration system. Later they also gifted all the students a box of sweet.



# *Kala Mahakumbha22-23*

TNRSG students participated in Kala Mahakumbha district level competition and secured 1st position in Group song. We are very proud on their success in bringing laurel to our school.



***Congratulations!***



## *List of Winners District Level*

Sr. No.	Name of Student	Std	Event / Competition	Date of Event	Remarks
1	Nidhi Zala	8A	Samuhgeet	6/10/2022	1st Rank
2	Pushti Vyas	7A	Samuhgeet	6/10/2022	1st Rank
3	Sakshi Dhameliya	7B	Samuhgeet	6/10/2022	1st Rank
4	Roshni Janala	6A	Samuhgeet	6/10/2022	1st Rank
5	Prachi Kotadiya	6A	Samuhgeet	6/10/2022	1st Rank
6	Mahi Acharya	6A	Samuhgeet	6/10/2022	1st Rank
7	Yesha Patel	6A	Samuhgeet	6/10/2022	1st Rank
8	Tanisi Trivedi	6B	Samuhgeet	6/10/2022	1st Rank



# Bal Pratibha 2022-23

Our students participated in Bal Pratibha competitions and brought laurels to school in various events held at city level. Our students qualified for the district level participation too Glimpses of our students participating in Bal Pratibha competitions at city level and got the certificates for the same.



## ★ ★ ★ *Congratulations!* ★ ★ ★

### List of Winners at City Level

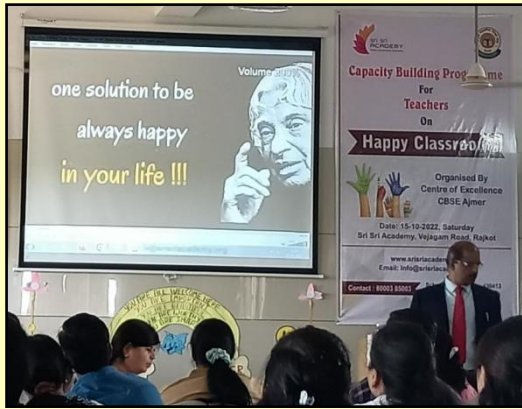
Sr. No.	Name of Student	Std	Event / Competition	Date of Event	Remarks
1	Sruti Santhara	5A	Doha-Chand	7/10/2022	3rd Rank
2	Kenisha Raval	4B	Ek-Patriya Abhinay	7/10/2022	1st Rank
3	Rahi Kakaniya	4B	Lok Varta	7/10/2022	1st Rank
4	Mahi Acharya	6A	Group Song	6/10/2022	1st Rank
5	Prachi Kothadiya	6A	Group Song	6/10/2022	1st Rank
6	Yesha Patel	6A	Group Song	6/10/2022	1st Rank
7	Sakshi Dhameliya	7B	Group Song	6/10/2022	1st Rank
8	Pushti Vyas	7B	Group Song	6/10/2022	1st Rank
9	Tanisi Trivedi	6B	Group Song	6/10/2022	1st Rank
10	Dhyani Vasoya	4C	Nibandh Lekhan	6/10/2022	3rd Rank
11	Jiya Mangroliya	4A	Drawing Competition	6/10/2022	2nd Rank



# Happy Classroom Training

**“Educating the mind without educating the heart is no education at all.” By: Aristotle**

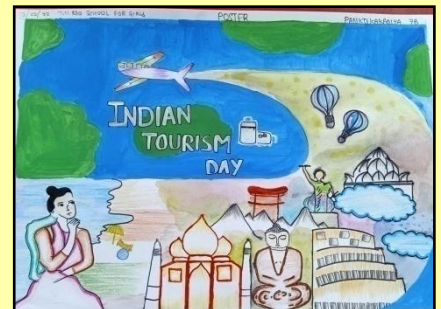
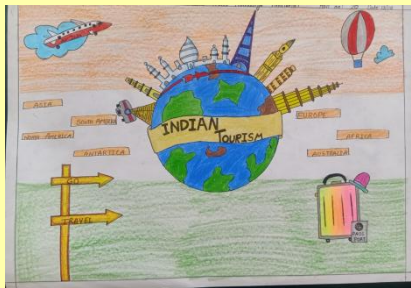
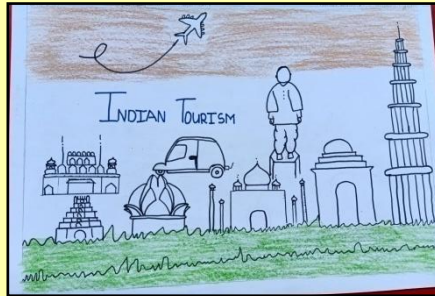
A workshop on ‘Capacity Building Programme for Happy Classrooms’ was organized for teachers by CBSE –C.o.E Ajmer on Saturday, 15th October 2022 at Sri Sri Academy, Rajkot. The workshop helped the teachers understand how a happy environment can be created to make studies engaging for students. The resource persons Mr. Scaria Thomas, The Principal of Christ School and Mr. Mayur Patadia, The Director of Swaminarayan Gurukul shared their observations and experiences on some of the main ways in which happy learning can be done.





# Participation in CBSE EXPRESSION SERIES: 'Tourism in India'

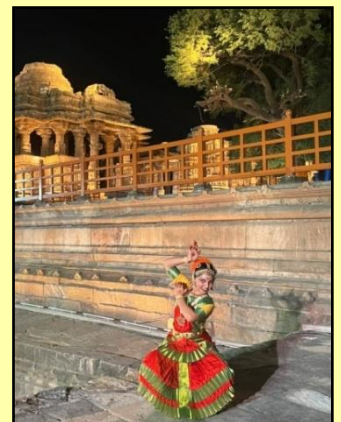
Student-Enrichment activities conducted by the Board for the academic session 2022-23 is Vision for India. TNRSG students participated for the same.



## Spectacular Performance at Modhera Temple

The inauguration of Heritage Lighting at Surya Mandir made it the first heritage site in India to be powered solely by solar energy by our Honourable Prime Minister Mr.Narendra Modi.

Radhika Rupareliya, student of Std.10 got the brilliant opportunity to perform dance in a cultural program showcasing the history of the temple for the inauguration.





# Rangoli Competition

Brightening up the festivities and celebrations, 'Rangoli' is also believed to bring good fortune and add vibrant hues to the environment.

Drawing inspiration from the same, Std.1 to 5 students of TNRSG exhibited their flair in art by making beautiful rangoli designs on paper.



## PlayHouse





# Rangoli Competition

Imagination is the spark that ignites the fire of creativity. Rangoli is a traditional form that brightens up an occasion and is believed to be harbinger of good luck. TNRSG students of Std. 6 to 10 participated in house wise competition and created beautiful rangoli in school campus to bring good luck.





# Flower Rangoli in Playhouse

Parents of Playhouse along with the kids participated and created beautiful flower rangolis in school campus to bring good luck.





# Terminal Report Card Distribution

Glimpses of PTM and Report Card Distribution of classes Prep to 10.





# Kalautsav Celebration

With the objective to provide a reinforcement of living values, strengthen faith and strong relationship between school, child and parent, and nurture aesthetic sense ,TNRSG conducted Parent-child activity-'Kalautsav 'along with Report card giving . In 'KALAUTSAV' Parents with their child prepared some creative articles.





# Kalautsav Celebration





# Diwali Celebration by TNRSG Staff

The TNRSG staff in their finest ethnic wear, got together to celebrate the Indian festival of lights — Diwali.





# Subject Enrichment Activities

## Social Science

Students of Class 9 explaining the chapter of 'Climate' through PPT presentation and notes.



## Gujarati

Students of Class 6 explaining 'રાવણનું મિથ્યાભિમાન' કાવ્ય through PPT presentation



## Hindi

Students of class 6 explaining the chapter of 'खान पान की बदलती तस्वीर'

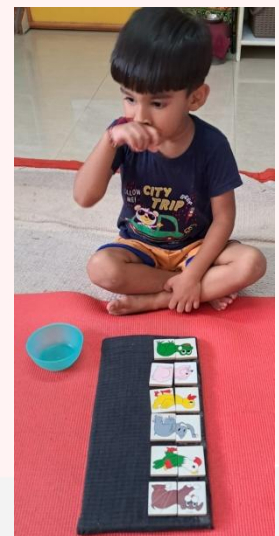




# Subject Enrichment Activities

## Playhouse

Students enjoying various activities such as arrangement of knob cylinder, big and small circles, joining of animals head and tails which ultimately provides them with a starting point and structural foundation that they can build on.



# Subject Enrichment Activities

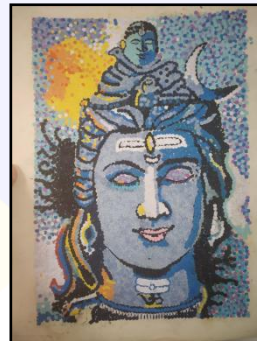
## Maths

Students of Std 10 having doubt solving session with teacher.



## Art and Craft

A beautiful paper punch collage work done by our student Harvi Sankharva of Std.7



## Life Skill

In the context of 'World Mental Health Day' a life skill session on Thoughts, Feelings and Behaviours and their interconnection was held for students of class 9th.

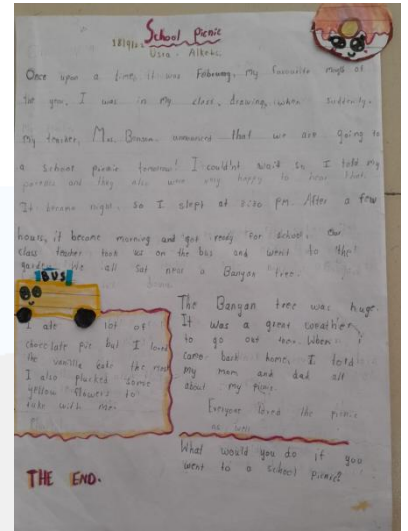




# Subject Enrichment Activities

## English

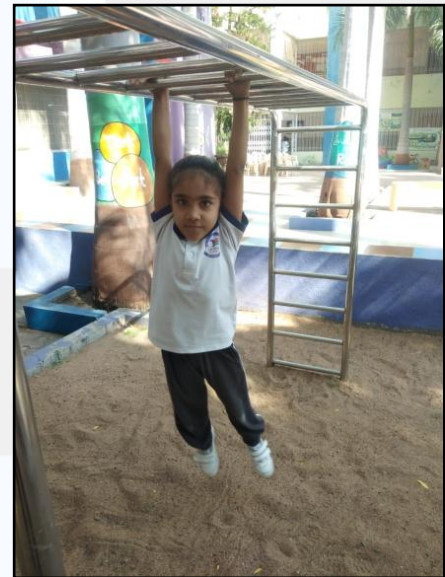
Creative writing encourages kids to exercise their creative minds and practice using their imaginations. It improves their ability to come up with alternatives. This broadens their thought processes, which can lead to success in many areas, including problem solving and analysis. A beautiful story written by the student of grade 3.



## Sports

**‘A healthier body means a healthier mind’**

Agility training **improves flexibility, balance, and control**. Agility helps the body to maintain proper alignment and posture during movement. Students of Std 1 and 2 given agility training through the activity of hurdles and balancing.



# Subject Enrichment Activities

## Value education

In value education and Awakened Citizen Programme students learn to analyze, explore, real life situations and understand to find out life long learning from each situation. Simple things anyone can do for Mother Nature, this was the topic of A.C.P.



Awakened citizen programme review session was taken by Mr. Darshan Ranpara, who is the resource person of Sri Ramakrishna Mission.



## Library

**"Today a reader, tomorrow a leader." – Margaret Fuller**

Students enjoying reading story books in their Library class.





# Letter of Appreciation

*‘When eating fruit, remember the one who planted the tree’*

*The above quote is truly applicable for our parent , who has taken effort to share her experience of TNRSG.*

*Respected Madam,*

*Greetings of the day!!!*

*I Mrs. Nidhi Raval, Mother of Swara Raval, who is currently studying in 2<sup>nd</sup> Standard. I want to express on some points regarding Swara’s Schooling experience.*

- I as a parent have found lot of positive change because of school.*
- Good disciple is observed in Swara.*
- She is able to understand the points discussion and able to communicate well.*
- She is showcasing her leadership skill and also taking responsibilities of the assigned work.*
- She likes to go to school every day because she enjoys the environment.*

*About Teachers:*

- Swara is enjoying each and every subject and major learnings from it.*
- As a parent I never taught mathematics. She is learning Math in excellent way.*
- Thank you, Ms. Bhumita Madam for wonderful approached and teaching pedagogy. Math is one of the favorite subject of Swara.*
- Experience & learning's are two major approaches for any student, Swara is also enjoying science & general knowledge with delightful examples. Thank you, Ms. Surekha madam, for continuous guidance.*
- Communication is the key to success, to communicate effectively one need to have command on the languages. It is indeed pleasure for me that Swara is flawless in all three languages. (i.e. Gujarati, Hindi & English)*
- At this early age if student is able to read, speak & write all three languages, it is absolute miracle. So, Hats off to Ms. Jigna Madam, Ms. Jagruti Madam, & Ms. Vibha Madam. These faculties are real maestros of languages. They have provided supreme efforts & guidance. My daughter is able communicate very well, thank you, Twinkling Trio.*
- Last but not the least, Once Swara had a library session during her curriculum, one faculty narrate a beautiful story “Gingerbread man”, after listening that story she was able to narrate entire story with enthusiasm and excitement.*
- I am feeling proud that, the school teachers are not just teaching subjects, but they are developing wonderful attitude and curiosity in the minds of students. Really, these teachers are creating solid foundation in learning & values for their students.*
- Lastly, I would like to say that teachers are teaching the students as like their kids. Kudos to all the teachers for their wonderful efforts. They are performing beyond their duties.*
- Teachers are real builders of the nation. My regards and salute to these teachers of TN RAO school – Rajkot*

*Nidhi Raval  
(Parent)*

# Teacher's Corner

*This is a beautiful poem dedicated to our Academic Director Mrs Meetaba Jadeja by our facilitator Ms Simran Wassan*



To,  
Meeta mam!

- Simmi (TGT English)

*You are the epitome of elegance;  
you appear to be the queen of beauty.*

*Holding your head high with grace,  
yet full of mesmerizing simplicity.*

*You hold within you the power,  
binding us all together yet be free.*

*Overwhelmed with your love that you shower on us,  
with your words and gestures whole heartedly.*

*Your presence itself is a sort of positivity  
vast is your Aura and full of mercy.*

*Your voice is sharp and words full of wisdom.  
You don't shake your belief with obstacles sudden!*

*You lay the foundation of being a boss lady,  
in our lives, a role of leader you play.*

*We miss your presence a lot here already.  
but in our hearts, you shall always stay!!*



*Dear TNRSG Families ,*

**Limited seats available in certain classes!**

*Admissions open for the next Academic Session 2023-24 from Playhouse to Std. 8*

**For more inquiry:-**

➤ **Login:-** <https://tnrschool.org/forms/admission-inquiry>

➤ **Contact:-** 9978670473/02812970473

➤ **Write:-** principal.tnrs@gmail.com

➤ **View:-** [www.tnrschool.org](http://www.tnrschool.org)

➤ **Visit:-** Bh. Computer Bhavan, Nr. University Campus, Rajkot-5

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शुभं करोति

कल्याणमारोग्यं

धनसम्पदा ।

शत्रुबुद्धिविनाशाय

दीपज्योतिर्नमोऽस्तु ते ॥

