



T. N. Rao School For Girls

School code: 10237

CBSE Affiliation No: 430257

ABHIVYAKTI

February, 2023 Newsletter - 09



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Respected Parents,

"Accept the people as they are." Don't try to change people. Make a realistic decision about where they fit in your life based on who they are, not who you want them to be. Life is series of natural and spontaneous changes. Each person is different and we are not like robots. Even in animal also we see, for instance how one dog always keeps jumping happily wagging its tail while another dog keeps barking aggressively. Accepting your kids the way they are and trusting that they can take care of themselves is one great gift for your kids. Your fears as a parent can hinder your child's life and hurt your relationship. Hence, parents need to learn to take a step back and watch their children live the life they want. Every child is different. One-of-a-kind. A unique person, growing and learning at their own pace, in their own special way. Recognizing your child's uniqueness is an essential part of being the best parent you can be.

*Mrs. Vimble Dhakan
Section coordinator(Pre-primary)*

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- Grand parents day - Pre school
- Science Exhibition

➤ Celebrations:-

- Maha Shivratri
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- National Science Day

➤ Edujoy Trips:-

- Picnic to Chowki Dhani - Pre- primary
- Picnic to Bal Bhavan - Pre- school

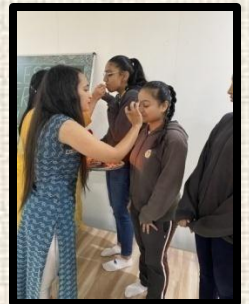
➤ Subject Enrichment Activities

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Blessing Ceremony

Let your hard work propel you to speed so fast that good luck has no choice but to ride with a winner like you.”

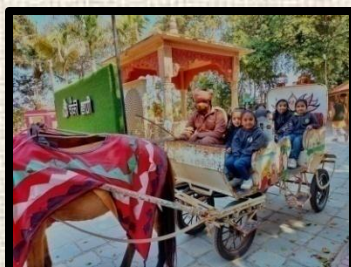
To bless our students with all the good wishes, “Blessing Ceremony” of up coming batch of class 10 took place on 2nd February 23. Teachers and students of class 10 assembled in the auditorium to celebrate the occasion. The ceremony commenced with the soulful prayers of the school song sung by the school choir. Principal and teachers did tilak to the students and blessed them. Teachers also boosted up the morale of our students by their motivational words.



Edujoy Picnic to Chowki Dhani

Pre-Primary

The students of Pre-primary section were taken for a class picnic to Choki Dhani on 1st Feb 23. Students had a great time and were fascinated by the entertaining activities like magic-show, live pot-making, puppet show, Rajasthani folk music/ dance along with extravagant vegetarian cuisine and snacks.



Edujoy Picnic to Bal Bhavan

Pre school

The students of Pre school were taken to Bal bhavan on 3rd February 23. The school picnic gave an experience of being surrounded by greenery and the beauty of nature. The most enjoyable time was in the play area with swings, slides, merry-go-round, sea saw. Students had a great time and were fascinated by the entertaining activities.

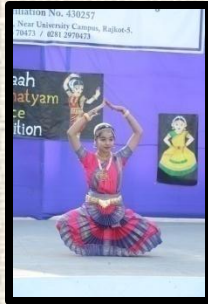


Pravaah -23

“Opportunities don’t happen. You create them.”

There is no joy greater than seeing the students accomplishing what they have been hoping for and working towards fulfilling their dreams.

A spectacular open Bharatnatyam dance competition - ‘Pravaah-23’ was held at T N Rao school for Girls on 12th February 23. Artistes from different schools and institutions of Rajkot performed Bharatnatyam dances which were liked by the spectators. Attractive prizes and certificates were also given to the winners.



Pravaah -23



Farewell Ceremony

TNRSG organised a farewell ceremony for the outgoing batch of Std.10 on Monday,13th February 2023 in the school auditorium. The function began with a motivating speech by the Principal Mrs Sangeeta Bhumbharia and Vice Principal Archana Joshi. Dance and games were organised by junior students for the outgoing batch. The teachers wished the students welfare and advised them to prepare themselves to serve the nation in future. The entire class of 2022 was left with mixed emotions after the event as it marked the end of a beautiful phase and the beginning of an important phase for them.



Farewell Ceremony



Farewell Ceremony



Mahashivratri Celebration

"When you focus on being a blessing, God makes sure that you are always blessed in abundance" - Joel Osteen

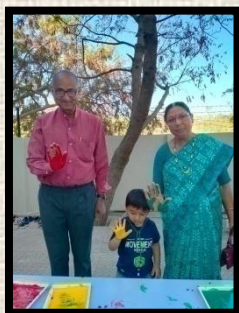
To feel the verve of festival, a special assembly on Mahashivratri' was conducted by the students of TNRSG. The students celebrated this festival with the morning prayer followed by a speech, sharing the significance of the pious day by the teacher. Powers and role of Lord Shiva in the natural cycle were highlighted through a dance performance 'Tandav' depicting the celebration of Mahashivratri.



Grand Parents Day Celebration - Pre school

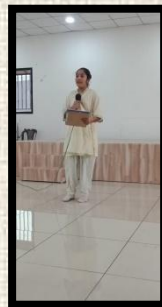
“Grandparents are a little bit parents, a little bit teachers and a little bit best friends.”

It has been a tradition at TNRSG to celebrate Grandparent’s Day as it gives us an opportunity to treasure the special connection and spend some quality, family time together. The celebration took place on Saturday 17th February 2023 in school campus. All the grandparents along with their grandchildren were invited through an e-invite. The day was celebrated with activities and various games. It was a memorable day for the grandparents to cherish for a long time. It is rightly said, “We wouldn’t be here without our grandparents.”



Matrubhasa Diwas Celebration

To impart communication skills and proficiency in Mother Tongue Gujarati, amongst students 'Matribhasa Diwas' was celebrated at TNRSG on 21.2.23. Activities such as Poetry recitation and skit performances on stories based on Jivram Bhatt and other eminent writers was performed by students to mark the day.



National Science Day Celebration

TNRSG celebrated National Science Day on 28th February 23 to commemorate the discovery of Raman Effect by Sir Chandrasekhara Venkata Raman. To celebrate his achievements, the students of the classes 4 to 8 exhibited various Science projects, models and charts. Students exhibited their learning of concepts through experiments that included model on different types of energy, human body systems and solar systems. Younger students who visited the stalls were thrilled to understand complex systems through simple models and charts. The working models prepared for science exhibition by our students reflected their innovative ideas, creativity and talent. The models, their explanation and justification for the questions posed by the students were highly appreciated by the parents and other visitors.



National Science Day Celebration



National Science Day Celebration



National Science Day Celebration



Subject Enrichment Activities

Science Std. 1

Students of class 1 made paper wheel to understand what is wind? What is moving air? and how the object moves due to wind.



Students of class 1 made traffic light to understand the proper and safe use of roads. And also to stimulate an awareness of the need for the improvement in road safety.



Subject Enrichment Activities

Junior.KG

Button sticking activity by Jr.kg girls which develops hand-eye coordination and fine motor planning skills.



Jr. KG girls are learning thumb printing to stimulate their creativity and imagination which helps them in strengthening finger and hand muscles.



Jr. KG girls developing their eye hand co-ordination skill through geometrical shapes



Jr. KG girls are learning to sort iron particles from sand with the help of magnet.



Subject Enrichment Activities

Nursery

Nursery girls develop their concentration and fine motor skill through aiming board.



Nursery

The walking water science experiment is great at any time of the year, Nursery kids learn the science behind water moving and mixing colors all by itself activity.



Math Activity of Std 1A

Students made the impression of both faces of the coins.





तू सिर्फ मेरी दोस्त नहीं मेरी जान है।

तेरी खुशी के खातिर ये सारी दुनिया कुर्बान है,
जो सबसे जरूरी है मेरे लिए तू वो इंसान है,
हाँ ज्यादा कहती नहीं मैं पर सुन,
तू सिर्फ मेरी दोस्त नहीं मेरी जान है।
हाँ थोड़ी नमूना है, तो थोड़ी शैतान है,
तू सिर्फ एक शख्स नहीं मेरा पूरा जहान है।
तू सिर्फ मेरी दोस्त नहीं मेरी जान है।

तुने हर मुश्किल में मेरा साथ दिया है,
मेरी खातिर तुने कितनो से झगड़ा किया है।
मैं शब्दों में बयान तक नहीं कर सकती,
तुने मेरे लिए इतना कुछ किया है।
हमारी जोड़ी सबसे अलग है,
ये सारी दुनिया जानती है।
इतनी गहरी दोस्ती है हमारी,
मेरी मम्मी भी तुझे अपनी बेटी मानती है।
वो भी कहती है हमारी जोड़ी,
लोगों के लिए मिसाल हैं।
हम दोनों दोस्तों के मन में,
एक दूसरे के लिए प्यार भरा है।
बड़ी खुशकिस्मत हूँ मैं,
जो तू मेरी जिंदगी में आई है।
तूने यह दोस्ती का रिश्ता,
बड़ी ईमानदारी से निभाया है।
अपने मतलब के लिए तो,
बहुत लोग मेरी जिंदगी में आए।
पर तू औरों की तरह मतलबी नहीं,
ये तूने साबित करके दिखाया है।
मेरी दोस्त तू सब से अलग है,
ये तूने साबित करके दिखाया है।

पर ये तारीफ सुनकर बदल मत जाना,
हर मुश्किल में मेरा साथ निभाना।
तू मुझे छोड़ कर कहा जाएगी,
मेरे बिना तू दुनिया में कैसी रह पाएगी।
जो जरूरी है मेरे लिए तो वो इंसान है,
तू सिर्फ मेरी दोस्त नहीं मेरी जान है।

Student's Corner



कोरोना सेफ्टी सॉन्ग



सुबह शाम योगा करना,
प्राणायाम रोज करना,

Vaccine ना ली हो तो ले लेना



छोड़ो ये पेप्सी ओर कोला,
पिलो दूध हल्दी वाला,
भैया ही जाओ Healthy पी के काढ़ा,
अंग्रेजी दवाओ को छोड़ो,



अंग्रेजी दवाओको फेको,
स्वदेशी को अपनाओ,
गिलोई से Immunity को बढ़ाना,
घरका खाना तुम खाना,
गरम पानी पीना ओर पिलाना,



Don't forget च्यमनप्रास खाना,
घर रहके चैन तोड़ना,
घर रहके चैन तोड़ना



अफवाहों को Delete !करना,
फेफड़ों को Strong रखना ।



By- Vrushti Raninga
Std. - 4C

Dear TNRSG Families,
Limited seats available in certain classes!

Admissions open for the next Academic Session 2023-24 from Playhouse to Std. 8

For more inquiry:-

➤ ***Login:-*** <https://tnrschool.org/forms/admission-inquiry>

➤ ***Contact:-*** 9978670473/02812970473

➤ ***Write:-*** principal.tnrs@gmail.com

➤ ***View:-*** www.tnrschool.org

➤ ***Visit:-*** Bh. Computer Bhavan, Nr. University Campus, Rajkot-5

➤ ***Like N Share:-***

▪ **Face book :-** T N Rao school for girls

▪ **Instagram :-** https://instagram.com/tnrao_school_for_girls?igshid=NzNkNDdiOGI=

For regular updates of school please visit and follow our Facebook and Instagram page



ॐ त्र्यम्बकं यजामहे
सुगन्धिं पुष्टिवर्धनम् ।

उर्वारुकमिव बन्धनान्
मृत्योर्मुक्षीय मामृतात् ॥

