



T. N. Rao School For Girls

School code: 10237

CBSE Affiliation No: 430257

ABHIVYAKTI

March, 2023 Newsletter - 10



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Respected Parents,

A great parent is not the one who gives the most money, not the one who gives the most toys, not the one who gives the best place to live, a great parent is the one who gives attention.

To be a great parent, all you need to do is be PRESENT with your child. Not give presents, BE PRESENT. That's all kids really want. They want you to notice them, to be loved, to be wanted. The best parent is the one whose eyes lit up when their child enters the room.

The parent who makes a promise to love unconditionally.

The parent who leads by example.

Not by what you say, but by what you DO.

Kids will never pay attention to your words; they will always and only pay attention to your actions and your intentions.

A great parent works on themselves, a GREAT parent makes their own mind strong, knowing their kids will likely follow in their footsteps.

Heal yourself; make your own mind strong, so your children can see the clearest example of what a GREAT LIFE looks like.

They say children are shaped mostly by the parents' love, they crave the most. Setting a clear and strong example of what type of human being you want your kids to become starts with YOU.

It's up to you to set the example of kindness and compassion toward others, to set the example of what it is like to be yourself, to set the example of living a magical life that YOU chose.

That's what a great parent does: set their child free, allow them to be themselves, allow them to make their own decisions.

Live your life in such a way that when your kids think of kindness, compassion, strength, authenticity and real joy, they think of YOU.

A great parent knows not to allow anything in their life they don't want their children to reproduce in their lives. That includes toxic relationships that include bad habits that include making decisions based on fear.

A great parent listens; they don't lecture.

A great parent supports, never shames.

A great parent guides and sets free.

Being a parent is not a job, it's a privilege.

Being a parent is not a burden it's a blessing!

They are always watching, what kind of role model will you be for your children?

*Jhanvi Rajdev
Coordinator*

Content

➤ Mega Events:-

- Quiz Competition
- Graduation Day Ceremony
- Report card Distribution and Abhivyakti

➤ Celebrations:-

- Holi
- Women's Day
- Community Helpers Day- Pre-School
- TriColour Fun Food Day Celebration
- Primary Colours Day Celebration

Subject Enrichment Activities

Students's Corner

Quiz Competition

An inter section and inter-house Quiz competition was organized by TNRSG on March 3rd and 4th, 2023 for classes 1 to 8. The quiz began with the introduction of the contestants and explanation of the rules by the quiz masters for the quiz. The rounds were current affairs Round, Flag round, Rapid Fire, Audio Visual round, specialized subject and Identification rounds. The audience also got a chance to participate every time the teams answered incorrectly.



House	B1	B2	B3	B4	B5	B6	Total
Blue	40	20	20	100	100	40	300
Green	20	20	10	40	20		210
Red	20	5	30	80	60	35	230
Yellow	50	30	40	70	10	50	310

House	B1	B2	B3	B4	B5	B6	Total
Blue	40	30	30	40	40	0	180
Green	55	5	30	80	30	35	235
Red	50	10	40	40	20	20	180
Yellow	55	10	20	80	40	30	235



House	B1	B2	B3	B4	B5	B6	Total
Blue	60	20	20	20	40	15	175
Green	50	20	20	30	60	20	190
Red	50	10	50	40	30	35	215
Yellow	30	5	30	20	10	10	105

House	B1	B2	B3	B4	B5	B6	Total
Blue	30	20	10	40	60	35	195
Green	60	20	20	10	50	20	180
Red	50	10	50	20	30	35	205
Yellow	50	20	20	20	60	30	200

Medalists of Quiz Competition



Congratulations



Full Name	House	Std	Medal
Jansi Hiteshbhai Gadhiya	Yellow	1A	Gold
Harvi Ravikumar Herbha	Yellow	1B	Gold
Charvi Chiragbhai Gajera	Yellow	2A	Gold
Dwija Purvesh Sakariya	Yellow	2A	Gold
Havya Kishan Barbhaya	Green	1A	Silver
Heer Jignesh Chandarana	Green	1A	Silver
Swara Navjyot Raval	Green	2A	Silver
Dwity Jayeshbhai Panara	Green	2B	Silver
Aarya Amitsingh Bhadauria	Blue	1A	Bronze
Jesvee Bhavinbhai Ghetia	Blue	1B	Bronze
Dhriya Das	Blue	2B	Bronze
Shreehita Sushant Patro	Blue	2B	Bronze
Misri Mitulbhai Kalariya	Yellow	3B	Gold
Mahiben Hareshbhai Kalola	Yellow	3C	Gold
Aadhya Hiteshbhai Dhamsaniya	Yellow	4B	Gold
Dhyani Chandulal Vasoya	Yellow	4C	Gold
Misari Binitbhai Vachhani	Green	3A	Silver
Rhythm Nilesh Kamariya	Green	3A	Silver
Krishna Jagrutbhai Tripathi	Green	4A	Silver
Jessica Ronnie Dlima	Green	4C	Silver
Shreeva Bhaveshbhai Sakhareliya	Blue	3A	Bronze
Krishna Pranav Dobariya	Blue	3B	Bronze
Krishna Pranav Trivedi	Blue	4B	Bronze
Mahi Pareshbhai Joshi	Blue	4B	Bronze
Vaishvi Chiragbhai Amrutiya	Red	5A	Gold
Tulsi Hareshbhai Pansuriya	Red	5B	Gold
Tanisi Nimitbhai Trivedi	Red	6B	Gold
Vanshika Sameer Vadariya	Red	6B	Gold
Vishwa Dharmesh Bakhai	Green	5A	Silver
Hardi Chintankumar Sinojiya	Green	5B	Silver
Bhavya Arvind Desai	Green	6A	Silver
Kaveri Hemant Chararia	Green	6A	Silver
Siddhiba Pramitsinh Zala	Blue	5A	Bronze
Diva Jinesh Banugaria	Blue	5A	Bronze
Yesha Sagar Patel	Blue	6A	Bronze
Anvi Rajesh Zalariya	Blue	6B	Bronze
Jaladhi Dipenkumar Devani	Yellow	7A	Gold
Eva Nandalal Shekhada	Yellow	7B	Gold
Dhrumi Tushar Antala	Yellow	8A	Gold
Tanshi Kevin Makadia	Yellow	8A	Gold
Harvi Akhil Kotak	Blue	7B	Silver
Mishtee Rupeshbhai Cholera	Blue	7B	Silver
Neha Ashishbhai Udani	Blue	8A	Silver
Shakshi Bipinbhai Dalsaniya	Blue	8A	Silver
Swara Haritbhai Thaker	Red	7A	Bronze
Preya Riteshbhai Kansagara	Red	7B	Bronze
Devyani Jaydev Gadhvi	Red	8A	Bronze
Dharmiben Sureshbhai Thesiya	Red	8A	Bronze

Holi Celebration

On 7th March 2023, Holi was celebrated at TNRSG. A special assembly was conducted on this event. The students were introduced to the significance of the festival and the story behind the celebration. Emphasising the need for precaution and safety, the students were asked to play safe Holi by using natural colours instead of chemical colours. The assembly ended with a dance performance by the students of Std.7 on a fun filled Holi song.



Women's Day Celebration

International Women's Day was celebrated on March 8th, 2023 in our school assembly dedicating the day to all the strong women in the world. The student of Std.7 in her speech recognized the role and importance of women in life's various domains. Acknowledging different career options now available for women to excel in, she inspired the audience to show strength and perseverance in one's life.



Morning Assembly

“Praying and paving our way to excellence”.

The morning sets the day and the assembly paves the way for our students to rejuvenate their spirits, remain rooted to the moral values and unleash their vitality. Throughout the year a well planned assembly conducted class wise clarifies school activities and programmes, focusing on important days. Every child is given the opportunity and the platform to display their talent and present themselves as individuals. Guided by their mentors, the assembly includes short skit, presentations, slogan display, poetry recitation, speech, songs, individual experiences etc



Community Helpers Day Celebration

Activity-based learning is an integral part of a child's education at T N Rao Pre- School. The tiny tots of T N Rao Pre-School performed role plays of 'Community Helpers' on 10th March 23. This activity helped them in building confidence and respect for the people who make our lives easy with their vast services.



TriColour Fun Food Day Celebration

Our world is filled with colours, A very important part of learning during Kindergarten years is identification and recognition of colours.

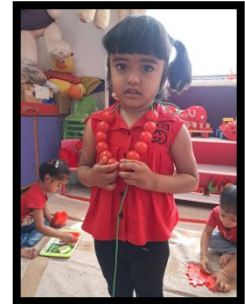
TriColour “Fun Food day with colours” was celebrated in the month of March 2023 in Pre-primary section.



Primary Colours Day Celebration

Pre –School

The Pre-school students of TNRSG celebrated their Primary Colours Day with fun and enthusiasm from 27.03.23 to 29.03.23 in the school premises. The teachers, were dressed colourfully to celebrate this occasion. The classrooms too were decorated with primary colours to welcome our children. Our tiny tots looked beautiful with their coloured attires.



Term - II Examination

Students of Std. 6 to 10 appeared for Term -1 Summative examination which was conducted from 16th March 23 to 22nd March 23.



Annual Report Card Distribution

Pre-Primary

Glimpses of PTM and Report Card Distribution of Pre-primary.



Teacher Induction and Training

A well-planned induction program takes into account the school environment and the highest priority needs of new teachers. It's impossible to learn all the particulars at once, so spacing out conversations around systems, collaborative planning, curriculum, teaching and learning, and assessment over the year is prudent. With more time to absorb and process information, new teachers can begin to understand how the pieces of the whole fit together. When conversations are planned around a coinciding event or issue, understanding deepens.

A well-planned teacher induction program was conducted on 31.03.23 and 01.04.23 by Mr. Ashwin Patel.

This program will create a positive impact on their performance. It will help teachers to become competent and effective professionals in the classroom.



Graduation Day Ceremony of Sr.KG

I am a star, shining bright, growing bigger every night. When I finish pre-primary, I will shout I am a star, so you better watch out.

TNRSG celebrated Graduation Day to applaud the young enthusiastic learners of class Senior Kindergarten for their commendable performance in the session 2022-23. 25th March '23 marked the beginning of a more formal system of schooling in the life of our shining stars.



Graduation Day Ceremony of Sr.KG



Subject Enrichment Activities

Junior.KG

Learners of Jr. KG understands the concept of float and sink through the experiment. Students learnt that a peeled orange is much heavier than the volume of water that it displaces and sinks. The lightweight rind makes the orange float exactly as an air-filled life jacket keeps people to afloat in water



Nursery

Tiny tots of Nursery enjoy water transfer activity (also known as pouring wet) is a practical life activity. It helps the child master the hand grip and prepares their hand for writing. Children enjoy transferring work and often love to do this exercise, as it involves fun, creativity, and sounds.



Nursery

Nursery learners enjoying doing meditation



Senior. KG

Math Activity



Subject Enrichment Activities

Sports

Outdoor games like cricket stimulates the sense of coordination, team spirit etc. Students of std 4 learning the game of Cricket.



Sports

Students of Std. 1 to 3 have been working on their FUNdamental movement skills in a range of activities. They have learnt front roll, cart wheel, hand stand , scrolling etc.



Subject Enrichment Activities

Science

Students of Std. 2, performing various experiments to understand that they can use science processes to learn more about the world around them. It also allows kids to learn through inquiry and make their own discoveries.



Students's Corner



મારી શાળા

સૌ કોઈ માંગે બંગલા કાર
ભાઈ હું તો માંગુ,
મારી ટી એન રાવ.
આની સુંદરતાથી થઈ જાય આંખો ચાર,
પૂછે લોકો આના વિશે વારંવાર.
ગ્રંથાલય છે આની એટલી સુંદર,
કે મન કરે છે પ્રવેશ કરું અંદર.
આમાં છે જાત જાતની કિતાબ,
વાંચવા માટે મન કરે છે બેતાબ.
ખૂબ પ્યારા છે બધા અધ્યાપક,
અલગ અલગ છે એમના સબક.
સહેલી રીતે થી એ સમજાવે,
જે વસ્તુ અમને સમજ ના આવે.
દર વખતે રાખે છે ક્લાસ ટેસ્ટ,
But still my school is the best.

Hirva Chanababa
Std - 6B

Dear TNRSG Families,
Limited seats available in certain classes!

Admissions open for the next Academic Session 2023-24 from Playhouse to Std. 8

For more inquiry:-

➤ ***Login:-*** <https://tnrschool.org/forms/admission-inquiry>

➤ ***Contact:-*** 9978670473/02812970473

➤ ***Write:-*** principal.tnrs@gmail.com

➤ ***View:-*** www.tnrschool.org

➤ ***Visit:-*** Bh. Computer Bhavan, Nr. University Campus, Rajkot-5

➤ ***Like N Share:-***

▪ **Face book :-** T N Rao school for girls

▪ **Instagram :-** https://instagram.com/tnrao_school_for_girls?igshid=NzNkNDdiOGI=

For regular updates of school please visit and follow our Facebook and Instagram page

“When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one which has been opened for us.”

– Helen Keller